

## **Youth Red Cross Activities**

### **1. Annual Report of Youth Red Cross**

With the blessings of his holiness Swamiji, the Youth Red Cross Annual Day was celebrated to represent the successful completion of the first-year of Youth Red Cross in JSSCP, Ooty on 13 April 2018. The program was inaugurated with Flag hoisting by Dr. K Elango, Prof, Dept. of Pharmacology and Mr. Morris Santa Cruz. The annual day program commenced with a prayer song followed by lighting the lamp by the dignitaries. Dr. D Raja Program Officer, YRC, JSSCPO welcomed the dignitaries, office bearers, students and staffs. Mr. Asish Kumar Saha, Secretary, YRC JSSCPO delivered the report of the YRC activities for the academic year 2017-18. The new office bearers were sworn in and the previous office bearers were given a certificate to appreciate their contributions. Later orientation to YRC, its fundamental principles and activities was given by Mr. Morris Santa Cruz. Also, demonstration on carrying and holding techniques for the unconscious subjects (useful under emergency conditions) was given to the office bearers.

The new Office bearers are as follows:

**Chairman:** Mr. Asish Kumar Saha (Pharm.D)

**Vice Chairman:** Ms. Deo Shefali Kamalnayan (Pharm.D)

**Secretary:** Mr. Dinesh R (Pharm.D)

**Joint Secretary:** Ms. Jerlin Anusha (Pharm.D)

**Treasurer:** Mr. J Jeyaram Bharathi (PharmD)

**Committee Leader:** Ms. Castelino Renita Edwin (Pharm.D)

**Committee members:**

1. Ms. Pooja Sudarsan
2. Ms. Jitha Thankachan
3. Ms. Lisa Mathew Adackapara
4. Ms. Bhagirati S
5. Ms. Resia Varghese
6. Ms. Shilpa Rachel Thomas
7. Dr.Khayati Moudgil
8. Dr.Keerthana C

**Program Officers:**

1. Dr. Aneena Suresh, Lecturer, Dept. of Pharmacy Practice, JSS CPO

2. Mr. Ramu G, Lecturer, Dept. of Pharmacognosy & Phytopharmacy, JSS CPO

## **2. Blood Donation Camp**

The Blood donation camp was organised by Indian Red Cross Society, Nilgiri branch and Rotary Otacamund in association with YRC JSSCPO at C.S.I. Hobart Middle School, Udhagamandalam on 8<sup>th</sup> July, 2018. The student volunteers from JSSCPO and also local people has donated blood. The program was summoned in the presence of Mr. Morris Santa Cruz, District Secretary, Indian Red Cross Society, Nilgiri Branch, the officials of Rotary Ootacamund and office bearers of YRC JSSCPO. A huge number of participations were seen, which made this event a grand success.

## **3. Health Check-up Camp**

The Health Check-up Camp was organized by Indian Red Cross Society, Nilgiris Branch in association with Youth Red Cross JSS College of pharmacy Ooty, at Vivekananda Memorial Matric School, M. Palada on 15 July, 2018. The health camp was organized with the motive to provide free health check-up for the local population of M.Palada, Nilgiris. The event included providing general health check-up, ECHO, ECG, Eye check-up.

## **4. Children's Day Celebration**

The children's day program was celebrated by YRC-JSSCP, Ooty at Rotary Ashia (Mentally retarded rehabilitation home), Ooty, with the presence of Mr. Morris Santa Cruz, District Secretary, Indian Red Cross Society, Nilgiris, Program Officers and Student Members of YRC. The program was scheduled on 16<sup>th</sup> November 2018 from 11:00AM. The program included a short speech from Mr. Morris Santa Cruz about Children's Day followed by cake cutting and basic commodities kit (tooth brush, tooth paste, biscuit packet & body soap) distribution to the children of the home.

## **5. AIDS Day Awareness Program**

The AIDS Day was celebrated by Indian Red Cross Society, Nilgiris Branch in association with YRC JSSCPO. Rally was organised by the IRCS which included volunteers from JSSCPO and Santhi Vijay Higher Secondary School. The rally started from the Collectorate office and concluded at the School ground with vote of thanks by Mr. Morris Santa Cruz, District Secretary, IRCS, Nilgiris Branch.

## **2. Yearly Day, Youth Red Cross, April thirteenth, 2019**

To speak to the fruitful culmination of the second – year of Youth Red Cross in JSS College of Pharmacy, Annual Youth Red Cross Day was praised on April thirteenth, 2019. The program was initiated with Flag facilitating by Dr. Afzal Azam, Vice Principal, JSS College of Pharmacy, Ooty, trailed by the program initiated in the seminar hall with a prayer song and lighting the light by the dignitaries. Mr. G Ramu, Program Officer, YRC, JSS College of Pharmacy, Ooty respected the dignitaries, office bearers, students and staff. Report of the YRC exercises for the scholastic year 2018-2019 was examined. The new office bearers were confirmed and the past office bearers were given a declaration to value their commitments.

## **3. World Red Cross Day Celebration, May eighth, 2019**

World Red Cross Day was commended on May eighth, 2019 at JSS College of Pharmacy, Ooty to recall the exercises of Youth Red Cross. The program was introduced with Flag facilitating by Dr SP Dhanabal, Principal, JSS College of Pharmacy, Ooty. Orientation to YRC, its basic standards and its exercises was given by Mr Morris Santa Cruz. Additionally demonstration on conveying and holding procedures for oblivious subjects (helpful under crisis conditions) was given to the workplace bearers of Youth Red Cross, JSS College of Pharmacy, Ooty.

## **4. Wednesday 26th June, 2019 – YRC Members went to Public and Students Awareness Rally**

In excess of 800 individuals, including school students and Youth Red Cross, JSS College of Pharmacy, Ooty participated in a rally to stamp the International Day against Drug Abuse and Illicit Trafficking in the town on Wednesday 26th, June, 2019. The rally was sorted out by the Nilgiris Police. The rally, hailed off by Nilgiris SP B.Shanmuga Priya, began from Coffee House Junction and finished at RCTC expanding on Garden Road.

Two CDs – one on significance of wearing Helmet while riding bike and another on Drug Abuse – were discharged at an intersection held at RCTC building following the rally. Talking on the event, Deputy Director of Health Dr. S.Porkodi, said "Nobody would need to get dependent on medications or liquor or smoking. However, individuals get affected by different methods and later battle to leave it. Calling attention to that physical exercises by kids have diminished in the previous multi decade she stated, "Physical exercise would support an individual with great focus and readiness. Valuing the reaction to the program from school and college students, Shanmuga Priya stated, This is a mindfulness program for youths, including younger students. They would know the outcomes of falling prey to negative behavior patterns and along these lines should avoid medications and liquor.

Retired Tahsildar Meenakshi Sundaram and Professor at Ooty Government Arts College Manikandan additionally talked on the event. Competitions such as essay and drawing under the topic of medication misuse were directed for younger children across the locale. Shanmuga Priya disseminated prizes to the champs.

Topic during the current year for the International Day against Drug Abuse and Illicit Trafficking is

### **'Equity for Health ; Health for Justice**



Inauguration of YRC Annual Day Program



Flag hoisting on the occasion of YRC Annual Day celebration by Mr. Morris Santa Cruz, IRCS, Nilgiris



Blood Donation Camp at C.S.I. Hobart Middle School, Udhamandalam



Health Camp at M.Palada



Children's Day celebration with mentally retarded Children.



AIDS Day Awareness Program